



Dr. Vijayakumar P.S.

**Chief Medical Officer:
Kadamba Nanocare, Bengaluru**

Ayurveda & Yoga Therapy Specialist | Researcher | Author

Summary

Dedicated and compassionate physician with extensive expertise in Ayurveda, Yoga therapy, Nano medicines, and holistic wellness. Over two decades of experience in clinical practice, research, and academic leadership. Recognized for designing personalized green nano medicines and guiding individuals toward improved health and wellbeing. Published author, research leader, and consultant with a strong commitment to integrative medicine and healthy lifestyle promotion.

Education

- **BAMS – Bachelor of Ayurvedic Medicine & Surgery**
- **MD – Doctor of Medicine (Yoga & Rehabilitation)**
- **MSc – Master of Science (Psychology)**
- **Ph.D. – Doctorate of Philosophy (Yoga Therapy)**
- **Registration No.: 23796**

Professional Experience

- Chief Medical Officer – Kadamba Nanocare, Jayanagar, Bengaluru
- Leading clinical services in integrative medicine and nano-Ayurvedic therapies.
- Designing personalized treatment protocols for non-communicable diseases.
- Head of Department – Integrative Medicine Sri Devaraj Urs Academy of Higher Education & Research, Kolar
- Directed academic and clinical programs in integrative medicine.
- Mentored postgraduate students and guided research initiatives.
- Head of Department – Yoga Therapy Lakulish Yoga University, Ahmedabad, Gujarat
- Established curriculum and research programs in yoga therapy.
- Promoted evidence-based yoga practices for lifestyle disorders.
- Resident Medical Officer Arogyadhama – Holistic Health Home, S-VYASA University, Bengaluru
- Provided clinical care and supervised wellness programs.
- Team Lead – Yoga Research Live Your Best Life (LYBL), Los Angeles, USA
- Coordinated international research projects on yoga and wellness.

Research & Publications

- Authored 6 books in the field of yoga and wellness.
- Published 65 research articles in national and international journals.
- Research focus: Yoga therapy, Ayurveda-based nano medicines, holistic health, and lifestyle interventions.

Achievements & Recognition

- Awarded “Yoga Therapy Consultant” by the Indian Yoga Association
- Nominated as a member of various government and non-government boards.
- Life Member, Indian Yoga Association (IYA/LM/533).
- Recognized for contributions to integrative medicine and holistic health promotion.

Innovation Excellence

- Ayurveda & Yoga Therapy
- Nano Medicine Development
- Counselling & Lifestyle Management
- Non-Communicable Disease Prevention
- Holistic Wellness Program Design
- Academic Leadership & Research Guidance